



NET MINISTRIES

NETWORKS

WINTER 2015-16
THE VOCATIONS ISSUE

Challenging young Catholics to love Christ and embrace the life of the Church

WHAT'S INSIDE: NET'S FOUNDER / SEMINARIANS IN ROME / ALUMNUS SPOTLIGHT / OVERCOMING FEAR / MERCY / ALUMNI UPDATE



3 WAYS TO AVOID A SCATTERED PRAYER TIME

by Christopher Kraker, NET alumnus

Did you know that a goldfish has a longer attention span (9 seconds) than most humans these days (8 seconds)? At least according to Microsoft. Have I gotten your attention? Because in about 8 seconds, I'll most likely lose it. Is it any wonder we have trouble staying focused in prayer?

Without delay, here are three tips to help your distracted mind, heart, and soul in prayer.

1. PLAN A DATE TO BE WITH JESUS

"We cannot pray 'at all times' if we do not pray at specific times, consciously willing it." - CCC 2697

When something is important, we make it a priority. When something is a priority, we focus our attention on it. In order to focus, we make time for it. Most people have some type of calendar, even if they don't regularly use it. But there are some things everyone plans ahead for at a specific time. How about your wedding? Or the time

(continued on page 3)

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A WORD FROM NET'S FOUNDER AND PRESIDENT

Dear Friends,

Pope Francis has declared this year the Year of Mercy, the purpose of which is to deepen our awareness of the tremendous mercy of our loving God, to encourage us to readily approach our merciful God for forgiveness, and to extend mercy and kindness toward one another.

Recently, I heard a wonderful talk on the topic of mercy by a good friend. I found the talk so inspiring that I want to share some of the main thoughts with you. If the world is going to hear the message of mercy, they must first see it! Let's face it - talk is cheap, especially when it comes to spiritual topics. If we, the Christian people, are going to be messengers of mercy to our world, we have to demonstrate mercy by how we live.

There are two key phrases that we need to implant into our vocabulary. The first is "**Please forgive me.**" Each of us, if we are honest, is in need of God's mercy. We all fall short in one way or another. Those who have experienced God's love should be the first to approach Him with sincerity and say to Him, "Please forgive me." **How can we expect our children or friends to understand the importance of God's mercy unless they see us approaching the throne of grace?** Let's be clear - modern man listens with his eyes! Are we giving a good example by frequenting the Sacrament of Reconciliation?

I find that the people I most frequently hurt are those with whom I am the closest. If I truly love my spouse, in addition to her hearing "I love you," she should also hear "Please forgive me." What better example can we give to our family and friends than readily going to those closest to us when we have hurt them to ask for their forgiveness?

The second key phrase is "**I forgive you.**" Since we have experienced the mercy and forgiveness of God, we should be quick to extend that same mercy and forgiveness to one another. There are probably no three words that contain more power than the words "I forgive you." What a tremendous release and freedom people experience when we grant them forgiveness, when we don't harbor bitterness and resentment, and we give them the opportunity to begin again with a clean slate.

"Please forgive me" and "I forgive you" should be our mantra during this year of mercy. May each of us be messengers of mercy and demonstrate mercy in our relationship with God and our relationships with others.

Blessings on your new year,



Mark Berchem
Founder and President





("3 Ways to Avoid a Scattered Prayer Time" continued from front page)

the coffee maker comes on? Or your fantasy football draft? Or a job interview? How about that last concert/ballgame/TV show you enjoyed? The simple rhetorical question: is spending time with the supposed Lover of my Soul, King of the Universe, Savior Who Keeps Me From Hell, Friend Who Never Fails, and Miracle Worker Who Can Heal All My Ills and Forgive All My Sins not worth jotting 10-15 minutes of my day into my calendar? Every day? And then keeping that date?

Does prayer have to be the same time every day? No. But if you don't plan it, often it doesn't get done.

2. STOP PRAYING WITH YOUR PHONE

At least for your regular prayer time. At least for a while. I know, I know. You've got Laudate, iMissal, iBreviary, the Pope app, the Bible, the Catechism, the Victory app, and Vatican news on there. Did you forget you also have Facebook, Instagram, Snapchat, Twitter, emails, fantasy football, newsfeeds, blogs, Pinterest, messenger, texts, photos, Netflix, and games on your ball and chain – I mean, phone? "But it's so convenient!" Show me where the word convenient appears in the Bible, the Catechism, or anywhere in the Christian lexicon.

3. DE-CLUTTER YOUR LIFE

How does staying up late on Saturday night affect my attention during the homily or adoration? And what about all of that prayer paraphernalia at my fingertips every day: the rosary, liturgy of the hours, daily readings, divine mercy chaplet, journal, and intercession? Just as prayer is supposed to imbue our daily life with direction, grace, and love, so

how I live my life will, in turn, affect my ability to pray.

"We pray as we live, because we live as we pray. If we do not want to act habitually according to the Spirit of Christ, neither can we pray habitually in His name." -CCC 2725

Jesus doesn't always want us to *do* more in prayer, but to *be* more. Be more present to Him. Be more present to those around us, to the grace available to us, to the opportunities right in front of our face to show love and be love. We don't need more tasks to do in prayer; we need to focus our attention more fully on Jesus, so He can be more alive in our heart, mind, and actions.

These are just suggestions. I pray that we all have more staying power than a goldfish when it comes to getting to know the ONE who will either welcome us home because He knows us, or say, "I never knew you." I'll bet that would hold our attention, for eternity, but by then it might be a little too late...

So, if you remember nothing else about prayer, remember this: Make it a habit, engage your heart, ask for help. I think we can all focus on that for at least 8 seconds.

"The habitual difficulty in prayer is distraction. To set about hunting down distractions would be to fall into their trap, when all that is necessary is to turn back to our heart: for a distraction reveals to us what we are attached to. Therein lies the battle, the choice of which master to serve." -CCC 2729



SHAKING THE POPE'S HAND: STORIES FROM 2 NET ALUMNI SEMINARIANS IN ROME



SEMINARIAN NATHAN HASTINGS (TOP RIGHT) FIXATES ON THE CRUCIFIX AT THE CHRISTMAS EVE MASS IN ROME

I met the Pope. As a minor seminarian studying for the Archdiocese of Saint Paul and Minneapolis and currently studying abroad in Rome, I still cannot believe it happened.

Our chaplain sent a formal request letter to the pope regarding having us seminarians serve at Mass with him. We weren't very hopeful and were shocked to later be told we would be serving at the Christmas Vigil Mass at St. Peter's Basilica!

When we arrived at St. Peter's, we had a run-through of the Mass and then waited for Pope Francis to arrive. I remember praying the rosary when Pope Francis walked through the door. I froze for a moment as he greeted each server one by one. When he got to me, I shook his hand and said, "Feliz cumpleaños," because his birthday was the week before. He smiled at me and moved on. The single moment I had with the Pope does not sound all that incredible, but just being able to stand in front of him and shake his hand was amazing! I can tell he is a man of deep prayer and love.

During the Mass I served as the pastoral staff bearer. Basically, I held Pope Francis' pastoral staff any time he was not, and brought it to him when he needed it. It also happened to be the same pastoral staff that has been used by every Pope since Pope Paul VI (although most people recognize it as "JP II's Cross"). This was a huge grace, as I was able to stand on the altar for almost all of the Mass. It was incredibly moving being able to see our Holy Father celebrate the Mass with such reverence. This opportunity was one of the most incredible moments of my life.

-Nathan Hastings, NET alumnus 2011-12

In the spring of 2014, Pope Francis addressed a group of seminarians, challenging them to be formed into good shepherds for the flock. Pope Francis said that seminary formation "is about humbly giving oneself, like clay that is to be molded, letting God the Potter work the clay with fire and water, with the Word and the Holy Spirit."

I entered seminary for the Diocese of Austin, Texas right after my three years of service with NET. I enjoyed my first two years of seminary at Holy Trinity Seminary in Dallas, Texas. Those years were times of growth, and I was comfortable. I had a great education, great brothers journeying with me, holy priests to guide me, and amazing support from family and friends.

A few days before Christmas during my second year of seminary, my vocations director explained that the bishop had requested I study in Rome. I was speechless - this wasn't in my plan! My biggest hesitation: a seminarian studying in Rome does not return home to the States for his first two years.

Though my professors in Rome can mostly speak the five major languages of the university, all of my classes are taught in Italian. Thus, in order to learn the foundational knowledge for my future priesthood, I needed to learn Italian - and fast. I have students in my classes from all over the world and our common language is Italian, which provides good opportunities for language practice in between classes.

It is a huge gift to be able to call Pope Francis my next-door-neighbor. We are a five minute walk from St. Peter's Basilica and when I look out my window I have a nice view of St. Peter's dome. Usually before going to bed at night, I say goodnight out my window to Pope Francis.

It is also a gift to visit so many of the saints in Rome. Within 100 yards of my school are the tombs of the apostles Phillip and James the Lesser. It is pretty cool living in the footprints of Peter and Paul as well as countless other saints. It is a blessing to be able to pray for my friends, family, and the Church at these holy sites.

Another gift of studying in Rome is getting to know future priests from all over the United States. Sharing about our home regions allows us to see the similarities and differences of the Church within the United States.

Though it is difficult not spending holidays with family and friends, such times are an opportunity to grow even closer to Christ. As a future priest, Christ and His Church will become even more my family. Rome has provided me the opportunity to be stripped away of my friends, family, and what was once comfortable in order to be reintroduced to Christ and His Church in a whole new way.

For me, a man who has close-knit relationships with friends and family, not being able to communicate in my native language and being away from those I know and love allows me to recognize in an even greater way the closeness and constancy of Christ both in my heart and in the beauty of the Eucharist. I am realizing more and more that God brought me to Rome in order to completely win my heart.

Having the Eternal City as my new home has allowed me to grow in so many beautiful ways. God has been faithful through it all, and I am excited to see how my experience as a seminarian in Rome will bear fruit in my future priesthood when I return to Texas to serve the people of God. I am grateful for my time with NET Ministries and the ways that God molded me during my time with my NET family. Since coming to Rome, I have had the amazing opportunity to welcome around ten NET alumni to my new home as well.

I pray that the words of Pope Francis may ring true in my own life. Please continue to pray for me and for priests and seminarians all over the world.

-Chris Smith, NET alumnus 2010-11, staff 11-13



CHRIS SMITH (RIGHT) AND A FELLOW SEMINARIAN WERE INSTITUTED IN ROME TO THE MINISTRY OF LECTOR BY ARCHBISHOP PAUL GALLAGHER



SPOTLIGHT ON ALUMNUS: DAVE GALLANT

"I have no problem telling anybody my background. I'm not ashamed of the disease I have."

David Gallant (NET alumnus 96-97, 97-98) spent years battling addiction and the stumbling blocks along the way, and he used his experiences to help others recovering from addiction and severe mental illness.

A native of Canada, Dave worked in Ohio as a teacher when he had knee surgery and developed an addiction to prescription painkillers. The addiction consumed his life and he lost everything, including his marriage and his house.

After graduating from a recovery program, he started volunteering at The Main Place, a consumer-operated mental health recovery center. After awhile he was offered a paid position there as a site supervisor. An estimated 1,000 people walk through the doors of The Main Place seeking help every month.

An important part of Dave's job was matching people who come in with the correct mentor. There are several mentors on staff at The Main Place, and all have their own stories to

share that might bring hope to someone wishing to recover from an addiction.

Dave's openness with others about his past made it easier to help others. "I've had people tell me that I give them hope," he said.

Getting and keeping clean was not an easy journey and Dave often struggled with feelings of guilt from his past actions. But guilt is different than shame, he said. "I have no problem telling anybody my background. I'm not ashamed of the disease I have."

On December 11, 2015, Dave was leaving daily Mass and was headed to work on his bicycle when he was struck by a vehicle and was pronounced dead at the scene.

Please pray for the repose of his soul, and that God would bring peace and comfort to Dave's family and friends.



PHOTO CREDIT: MICHAEL LEHMKUHLE/THE ADVOCATE

MR. MIYAGI AND A FEAR OF PUBLIC SPEAKING

by Fr. Edwin Leonard, NET alumnus 03-04, 04-05

In high school, I developed a deep appreciation for the Eucharist. As a young man at daily Mass, it was impossible to not be constantly bombarded by little old ladies. Little old ladies aren't physically quick, but they are persistent - and they will catch you. With hope for the future of the Church in their eyes, they asked "Have you ever thought of being a priest?"

With a well practiced response, I would say, "I have thought about it, but no, I am not going to be a priest. I am dreadfully afraid of speaking in front of people, and I am pretty sure you need to do that at least once a week. And don't we also need good, holy, Catholic men to be good, holy, Catholic fathers of families?"

Freshman year of college I met some wonderful people who had just finished a year serving with NET Ministries. As they talked about it, my heart yearned for a deeper way to know Christ. At that moment I knew He was calling me to serve.

Within a few days of my arrival at NET training, I knew I was in trouble. Still paralyzed by a fear of public speaking, the

staff informed us all that everyone serving with NET had to get up in front of a crowd and tell their personal story of how God had worked in their life.

So I practiced and I did it, and to my surprise, the world didn't end, and I didn't die from the awkwardness. But soon my NET leaders came back and asked me to do more - to give the closing retreat talk. After becoming comfortable with that, they asked me to give the 20 minute main retreat talk. After becoming comfortable with that, they asked me to lead the whole retreat!

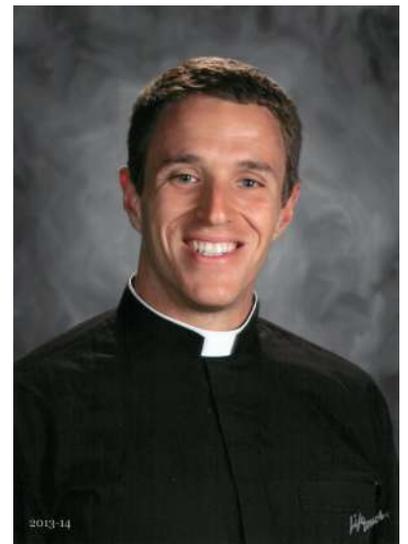
God was slowly stretching me. After NET, I went back to my normal college life - back to my rhythm of school and daily Mass - and as one might expect, there were still little old ladies. One day again a little old lady tapped me on the shoulder and asked, "Have you ever thought about being a priest?"

I looked at her, and with my well-practiced response, I said, "I have thought about it, but no, I am dreadfully afraid of speaking in front of peop-" and froze mid-explanation. I realized for the first time that my excuse wasn't true anymore. Not only was I no longer afraid of speaking in front of people, I actually liked it! More importantly, I thought I was good at it. That day, I didn't go to class. I stayed in that chapel and prayed.

In the movie Karate Kid, a young boy is taught to paint the fence and wax the car by a karate master named Mr. Miyagi - and suddenly, he knows karate. Well, God "Mr. Miyagi'd" my life. By little moments of faithfulness, He prepared me for my vocation to the priesthood. He transformed my fear into a gift that destroyed my excuse and changed my life. That was the first day I stopped telling God what I couldn't do and asked Him what He wanted me to do.

That is my invitation to you today: don't limit God's power. Just ask and trust that He can make you who He needs you to be. And to all of those little old ladies, thank you - and keep it up. I'll bet I was asked over 50 times about being a priest before I ever really thought to ask God what He wanted for my life.

Today is my 1,321st day as a priest - and it has been a wonderful gift, richer and fuller than I could have expected.



FR. EDWIN LEONARD



A CAR. A LIE. A CONVERSION. AND MERCY.

by David Rinaldi, NET Staff

might get me in trouble, so we made up a story that we hoped would reduce my culpability. Instead of saying I tried passing a car that was going an appropriate speed considering the road conditions, I told everyone (the police, my parents, and my brother) that I was trying to avoid a deer that was crossing the road.

I lied.

And my story seemed to work.

The police believed me, the insurance company believed me, and my brother didn't even seem to give it a second thought; he was just glad I wasn't hurt. And even though my parents had their doubts and questioned me numerous times, they eventually grew tired and stopped pursuing the issue. Over the coming weeks and months, I slowly pushed the whole thing out of my head. Life went on.

Four years later, I was a young lieutenant in the Air Force and was evangelized by a friend with whom I was going through navigator school. I experienced conversion and my cultural Catholicism grew into a living relationship with Jesus.

As part of this conversion process, events from my past that were in need of repentance came to the surface of my mind and, despite my best efforts, I couldn't push them back down. I made a list and set out to make things right with God and the people whom I've sinned against.

My lie about my brother's car was right there toward the top of the list.

Because I was nervous and embarrassed, I took the easy way out and wrote my brother a letter. I explained what really happened, apologized, sought his forgiveness, and asked him to share the letter with my parents.

I was eighteen years old, and my brother Joe let me use his car to go teach a karate class. As I was driving home on a two-lane winding road in rural New England, I was following a car that was going way too slow. At least that was my assessment based on my whopping two years of driving experience.

I wasn't in a rush to get home, but whether it was the adrenaline rush from teaching a karate class or the fact that one of my buddies was in the car with me and I wanted to show off, I felt the need to get around that car.

As soon as I saw my opportunity, I pressed down on the accelerator and slid into the oncoming lane to pass. And I kept on sliding. The black ice caused me to lose control and my brother's car drove me through four wooden posts and into a drainage ditch.

I totaled the car.

My friend and I decided that the truth of what happened

In the months that followed, I talked with my brother, my other siblings, and my parents several times by phone. They never said a single word about the letter I sent. I assumed they didn't want to embarrass me further so they just let it go.

I was wrong.

My brother received the letter while he was in the process of moving apartments. He packed it - unopened - in a box with other things that eventually got misplaced for the next few years. Even though I felt unsettled that true reconciliation never happened, I lacked the courage I needed to follow up with my family.

At some point in the years that followed, my brother called and told me he found a letter that I sent him "a long time ago." His reaction took me off guard: he told me how bad he felt for losing the letter and leaving me hanging all this time.

I couldn't believe it. I was the one who wrecked his car; I was the one who lied about it; I was the one who didn't have the guts to tell him the truth to his face or, at the least, follow up my letter with a phone call. And here he was telling me how bad he felt for me!

My brother Joe showed me God's mercy. It was liberating and inspiring. Among other things, his mercy instilled in me a desire to show mercy to others. That's the way love is; it's diffusive of itself.

Is there someone you need to seek mercy from? Is there someone you need to extend mercy toward? Why not do it today? Go ahead and take the risk. After all, it is the year of mercy!



ALUMNI UPDATE

WEDDINGS



MICHELLE (QUINN) (07-08) was married to Brian Kusek at St. Charles Borromeo in St. Anthony, MN on July 25, 2015.



ANNIE (KOPACEK) HERMANSON (03-04) and her husband Adam were married at the Cathedral of St. Paul in St. Paul, MN on August 8, 2015.



CHRISSY (BEIRIGER) HELLE (12-13) and her husband Chris were married at St. John the Evangelist in Indianapolis, IN on September 26, 2015.

MICHAEL RALSTON (06-07) and his wife Ashlie were married October 10, 2015.



ALLIE (EGAN) HILDEBRAND (07-08, staff 08-present) married her husband Nate on October 17, 2015 at St. Joseph's in West St. Paul, MN.

LIA (LARA-TELLEZ) DE LA CRUZ (99-00) was married to Bernard on October 24, 2015.



MICHELLE (POTHEN) LEUNG (05-06, staff 09-10, 12-present) married her husband David on November 21, 2015 at St. Joseph's in West St. Paul, MN.

SARA (DRAKE) (12-13) and **JACOB SIMONS (12-13)** were married on November 21, 2015.



KATIE (ROHAN) JOHNSON (05-06, 08-09, staff 10-12) married her husband Charlie at St. Anne's Catholic Church in Gulf Breeze, FL on December 12, 2015.

BIRTHS



SIMONA (BEŠKOVÁ) VANÍČKOVÁ (03-04) and her husband Peter welcomed their second daughter, Justína Jana, on June 8, 2015.

FRANCIS CABILDO (94-95) and his wife Nicole welcomed their newest addition, Benjamin Kolbe, on July 30, 2015. He joins brothers Dylan, Brayden, and Preston.

ALYSSA (SYRSTAD) (05-06) and **ANDREW SCHORR (04-05)** welcomed baby Felicity Anne on August 20, 2015.

PAUL EVANS (07-08) and his wife Leah welcomed their second child, Jacob Konard, on September 3, 2015.



EMILY (SHOVELAIN) STEVENS (09-10) and her husband Lukas are proud to announce the birth of Isabella Faustina on September 20, 2015.



NIKKI (REED) BENNETT (05-06) and her husband Zachary are proud to announce the birth of Nora Nicole on September 25, 2015. She joins big sister Gemma Rose.

BETH (BLODGETT) (03-04) and **JON JAMISON (03-04, 04-05)** welcomed Magdalena Ruth to their family on October 2, 2015.

HEATHER (EGGERS) MOFFIT (01-02) and her husband Eric welcomed Zachary Taylor to the family on October 9, 2015.

KATIE (DRETSCH) (08-09, staff 09-10) and **MIKE WILLIAMS (05-06)** are proud to announce the birth of Gianna Kateri Marie on October 23, 2015.



ELVINA (FLORES) (10-11) and **MICHAEL RODRIGUEZ (02-03, 09-10)** welcomed their second child, Gwendolyn Rose, on October 26, 2015.

KAYLA (STALBOERGER) MEIER (07-08, staff 08-10) and her husband David welcomed their third child, Ruth Alexandra Hedwig, on October 30, 2015.



MATT VETTEL (05-06, staff 11-present) and his wife Anita welcomed their second son, Pax Gabriel on October 21, 2015. He joins big brother Moses.

KATIE (CARLSON) GUTIERREZ (02-03, 03-04, staff 04-06) and her husband Rafael welcomed Cecilia Jane to their family on December 4, 2015.

CLAUDIA (MUÑOZ) HNASKO (07-08) and her husband Christopher are proud to announce the birth of their daughter Evita on December 5, 2015.

KERI (SCARDINA) LEMANE (99-00, 00-01) and her husband Michael welcomed twins on January 1, 2016.

RELIGIOUS LIFE

JAY BURKE (10-11, 12-13) joined the Franciscan Brothers in Fort Wayne, Indiana this fall.

KAYLA BRION (14-15) entered the Schoenstatt Sisters on January 15, 2016.

OTHER NEWS

FRANCIS CABILDO (94-95)'s debut EP, *Make Me Whole*, is available on iTunes, Googleplay, Amazon and Spotify as of November 10, 2015.

KATHRYN CASEY (03-04) recently opened her own life coaching business called The Good Life - Life Coaching in Hughson, CA.

IN MEMORIAM

DAVE GALLANT (96-97, 97-98) passed away on December 11, 2015. Read more about his story in the Alumni Spotlight section on page 8.

SHARE YOUR NEWS WITH US!

We'd love to share in your excitement! Submit your news to alison@netusa.org to keep us updated.



"It was a life-changing experience."

-Madison, age 12

"It meant a lot that the leaders were close to my age."

-Thomas, age 14

"I fell in love with God."

-Megan, age 12

"I would recommend this for everyone."

-Diana, age 13

"I believed in God in my head before, but now I do in my heart."

-Grace, age 11



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CATHOLIC FAITH: PASS IT ON

Imagine being the person who helps bring thousands of Catholic youth back to the Church. Now imagine being in Heaven decades later and watching these youth enter the pearly gates as they smile at you and thank you for what you did.

By deciding to "pass on" a portion of your personal estate in support of NET Ministries, you could make this a reality.

By including NET Ministries in your will, you can help ensure that our fervent young adult team members continue to crisscross the country each year, sharing their vibrant Catholic faith with over 80,000 youth.

Please contact Jim Hastings at 651.450.6833 x130 or jimh@netusa.org if:

- You've already decided to put NET in your will, so that we are better able to plan for the future
- You'd like more information on how to include NET in your estate plan

