

# Free Indeed

## NET RETREAT PARENT GUIDE

### Dear Parents,

What is NET? NET Ministries is a missionary organization that focuses on inviting Catholic youth into a deeper relationship with their community and Jesus. During NET Retreats, youth play games, hear a Gospel message, and participate in a time of prayer.

The theme for this retreat was **“Free Indeed,”** which focuses on our identity in Christ.

Sin separates us from God’s love, distorting our understanding of our identity as His beloved children. At our baptism and by the Holy Spirit dwelling in us, we are freed from our slavery to sin. This gives us the freedom to know, love, and serve God in this life and to remain with Him forever in the next.

#### Consider asking your teen:

- **How would you identify yourself?**
- **What do you like most about yourself?**
- **Do you see yourself how God sees you?**
- **How was the prayer time during the retreat?**

*Share your own thoughts.*

#### Going forward:

At the end of each NET Retreat, we encourage retreatants to grow in the four pillars of the Catholic Church: Prayer, Sacraments, Fellowship, and Service.

Some ideas to help your teen to grow in the pillars, respectively, are setting aside more time in the morning to pray, going to Adoration or Confession, discussing ways to grow in the faith with friends, and volunteering for your church, school, or community.

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### Theme Quote

“See what great love the Father has lavished on us – that we should be called children of God!”

**1 John 3:1**

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