

More Than Conquerors

NET RETREAT PARENT GUIDE

Dear Parents,

What is NET? NET Ministries is a missionary organization that focuses on inviting Catholic youth into a deeper relationship with their community and Jesus. During NET Retreats, youth play games, hear a Gospel message, and participate in a time of prayer.

The theme for this retreat was **“More Than Conquerors,”** which focuses on suffering.

Trials are inevitable, but when we encounter them, do we allow Christ to be a part of them? Our hope is in Jesus, who rose from the dead; He has conquered death. Through the lens of hope and trust, we explore how God is a good Father that helps us face any trial.

Consider asking your teen:

- **What things in your life are causing you suffering?**
- **How do you experience suffering?**
- **Do you see any of your friends suffering? How so?**
- **What does Jesus’ suffering mean to you?**
- **How was the prayer time during the retreat?**

Share your own thoughts.

Going forward:

At the end of each NET Retreat, we encourage retreatants to grow in the four pillars of the Catholic Church: Prayer, Sacraments, Fellowship, and Service.

Some ideas to help your teen to grow in the pillars, respectively, are setting aside more time in the morning to pray, going to Adoration or Confession, discussing ways to grow in the faith with friends, and volunteering for your church, school, or community.

Theme Quote

“I have told you this so that you might have peace in me. In the world you will have trouble, but take courage, I have conquered the world.”

John 16:33

Misconception about Christianity:

Because Jesus already suffered for us, we don’t have to suffer when we choose to follow Him.

Truth about Christianity:

Following Christ is hard, but the Life, Death, and Resurrection of Jesus gives us hope in our suffering.