

Sealed and Sent

NET RETREAT PARENT GUIDE

Dear Parents,

What is NET? NET Ministries is a missionary organization that focuses on inviting Catholic youth into a deeper relationship with their community and Jesus. During NET Retreats, youth play games, hear a Gospel message, and participate in a time of prayer.

The theme for this retreat was **“Sealed and Sent,”** which focuses on the gift of the sacrament of Confirmation.

At Confirmation, Christ seals us with the gifts of the Holy Spirit so that we can be better equipped to spread the Gospel like the Apostles at Pentecost. But it’s not enough to just receive these gifts. We have to accept them and choose to use them.

Consider asking your teen:

- **Why are you getting confirmed?**
- **What gifts do you want to receive when you get confirmed?**
- **How was the prayer time during the retreat?**

Share your own thoughts.

Going forward:

At the end of each NET Retreat, we encourage retreatants to grow in the four pillars of the Catholic Church: Prayer, Sacraments, Fellowship, and Service.

Some ideas to help your teen to grow in the pillars, respectively, are setting aside more time in the morning to pray, going to Adoration or Confession, discussing ways to grow in the faith with friends, and volunteering for your church, school, or community.

Theme Quote

“You will receive power when the Holy Spirit comes upon you.”

Acts 1:8
