

True Presence

NET RETREAT PARENT GUIDE

Dear Parents,

What is NET? NET Ministries is a missionary organization that focuses on inviting Catholic youth into a deeper relationship with their community and Jesus. During NET Retreats, youth play games, hear a Gospel message, and participate in a time of prayer.

The theme for this retreat was **“True Presence,”** which focuses on encountering the Eucharist, the body and blood of Jesus Christ.

Is Jesus Christ truly present in the Eucharist, and if so, how does that change our lives? The life of Blessed Carlo Acutis, a teenager who is on his way to becoming a canonized saint, answers those questions by showing us that we don't need to be very old to recognize the beauty and utmost importance of the Eucharist.

Consider asking your teen:

- **Do you believe that the Eucharist is the body and blood of Christ?**
- **How can we grow in deeper faith and trust in God?**
- **How was the prayer time during the retreat?**

Share your own thoughts.

Going forward:

At the end of each NET Retreat, we encourage retreatants to grow in the four pillars of the Catholic Church: Prayer, Sacraments, Fellowship, and Service.

Some ideas to help your teen to grow in the pillars, respectively, are setting aside more time in the morning to pray, going to Adoration or Confession, discussing ways to grow in the faith with friends, and volunteering for your church, school, or community.

Theme Quote

“Jesus is my great friend and the Eucharist is my highway to heaven.”

Blessed Carlo Acutis

Misconception about the Eucharist:

The bread and wine at Mass are just symbols of the body and blood of Christ.

Truth about the Eucharist:

The Bread and Wine are truly the body, blood, soul, and divinity of Jesus Christ that give grace to whomever receives the Eucharist.